

# Pilates

## FOR THEIR FUTURE

SUNDAY, 7<sup>TH</sup> 8:30 AM -  
DECEMBER 11:00 AM

JOIN AVEDA, ATHLETA & FRIDAY PILATES IN THE LA ENCANTADA COURTYARD FOR A FREE PILATES CLASS TO SUPPORT THE CHILDREN'S ADVOCACY CENTER OF SOUTHERN ARIZONA.

STOP BY AVEDA, ATHLETA AND KENDRA SCOTT AFTER CLASS FOR A PRIVATE SHOPPING HOUR WITH EXCLUSIVE DISCOUNTS, RAFFLE PRIZES, AND GOODIE BAGS!

### HOLIDAY GIFT DRIVE

### NEW UNWRAPPED GIFT IDEAS

- HOLIDAY PAJAMAS
- BODY WASH, LOTIONS AND CANDLES
- ART SUPPLIES, CRAFT KITS, JOURNALS & PENS
- SMALL BLANKETS AND TOYS
- LEGO SETS
- BARBIES & DOLLS
- GROCERY STORE GIFT CARDS OR GIFT CARDS FOR A TEENAGER

AVEDA

FRIDAY  
PILATES

ATHLETA



BOOK ON EVENTBRITE - LINK IN  
INSTAGRAM BIO OR SCAN QR CODE