

GOVERNOR DOUGLAS A. DUCEY

STATE OF ARIZONA  
★  
PROCLAMATION

**WHEREAS**, 83 Arizona infants died due to unsafe sleep in 2017; and  
**WHEREAS**, 60 percent of those infants died due to suffocation while co-sleeping or bed sharing; and  
**WHEREAS**, sleep suffocation can be prevented by babies sleeping alone, on their back, in a crib with a firm mattress, tightly fitted sheet, and no other items in the sleep area; and  
**WHEREAS**, parents and caregivers are encouraged to share their room, not their bed; and  
**WHEREAS**, exposure to tobacco smoke greatly increases an infant's risk for sleep-related death, and smoking cessation help is available to those in need; and  
**WHEREAS**, parents, grandparents, relatives, child care providers, and everyone caring for infants are encouraged to learn more about how to keep infants safe when they sleep, and use safe sleep practices every time their baby is put to sleep; and  
**WHEREAS**, a simple conversation about safe sleep could save a life.  
**NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim October 2019 as**

**SAFE SLEEP AWARENESS MONTH**

and call upon the communities and individual citizens of Arizona to join in the efforts to promote safe sleep practices and reduce the risk of sleep-related deaths for infants.



IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

*Douglas A. Ducey*  
GOVERNOR

DONE at the Capitol in Phoenix on this thirtieth day of August in the year Two Thousand and Nineteen and of the Independence of the United States of America the Two Hundred and Forty-Fourth.

ATTEST:

*[Signature]*

SECRETARY OF STATE