**RESOURCES FOR PARENTS**

**Need a Baby Box?**

Children’s Advocacy Center Southern Arizona – Contact [nbegay@soazadvocacy.org](mailto:nbegay@soazadvocacy.org)

**Need a Crib?**

[www.Cribsforkids.org](http://www.cribsforkids.org/)  or 1-888-721-CRIB

**Mother to Baby:**

Medications, pregnancy & Breastfeeding**,** Ask the experts.  –  1-888-285-3410   [www.mothertobaby.org](http://www.mothertobaby.org/)

**Free Child Development Support:**

Birth to Five Helpline -  “Nothing out of the question”  –  1-877-705-KIDS

**Infant Starter Kit:**

[www.firstthingsfirst.org/resources/parent-kit/](https://www.firstthingsfirst.org/resources/parent-kit/)

**National Institute of Child Health and Human Development:**

 [safetosleep.nichd.nih.gov/](https://safetosleep.nichd.nih.gov/)

**More on Suffocation Prevention:**

[www.safekids.org](https://www.safekids.org/safetytips/field_age/babies-0%E2%80%9312-months/field_risks/sleep-safety)

**Safe Sleep for Babies (CDC):** www.cdc.gov/vitalsigns/safesleep/index.html

**How to Keep Your Sleeping Baby Safe- AAP Policy Explained:** www.healthychildren.org/English/ages-stages/baby/sleep/Pages/A-ParentsGuide-to-Safe-Sleep.aspx

**About SIDS and Safe Infant Sleep**: safetosleep.nichd.nih.gov/safesleepbasics/about

**CDC SIDS: Safe Sleep Video.**

youtu.be/09kNXxYB\_Ko